

Atviras Lietuvos plaukimo čempionatas
Anykšiai, 19 - 21/12/2019

Event 21 Men, 400m Medley Open
20/12/2019 - 18:05 Results Finals

Lithuanian Records	4:05.85	Vytautas, JANUSAITIS	KPM	Eindhoven (NED)	26/11/2010
Lithuanian Age Group Records - 16	4:23.58	Erikas, KAPOCIUS	IKSC	Kolding (DEN)	10/12/2016
Lithuanian Age Group Records - 14	4:41.49	Džiugas, KARKLELIS	IKSC	Gliwice (POL)	16/11/2018
Lithuanian Age Group Records - 12	5:09.29	Džiugas, KARKLELIS	IKSC	Anyksciai	11/11/2016

Normatyvai : 5:33.60

Points: FINA 2019

Rank			YB			Time			Pts
Final A									
1.	Andrius, ŠIDLAUSKAS		97	Panevėžio Žemyna		4:18.21			
	50m:	26.68 26.68	150m:	1:32.70 35.18	250m:	2:41.07 33.79	350m:	3:47.75 32.06	
	100m:	57.52 30.84	200m:	2:07.28 34.58	300m:	3:15.69 34.62	400m:	4:18.21 30.46	
2.	Mantas, LISAUSKAS		00	Kauno SM Startas		4:22.24			
	50m:	28.28 28.28	150m:	1:33.84 33.06	250m:	2:44.05 36.52	350m:	3:52.12 31.60	
	100m:	1:00.78 32.50	200m:	2:07.53 33.69	300m:	3:20.52 36.47	400m:	4:22.24 30.12	
3.	Nojus, SKIRUTIS		03	Klaipėdos Gintaro SC		4:30.34			
	50m:	28.80 28.80	150m:	1:37.14 34.52	250m:	2:49.71 38.52	350m:	4:00.34 31.50	
	100m:	1:02.62 33.82	200m:	2:11.19 34.05	300m:	3:28.84 39.13	400m:	4:30.34 30.00	
4.	Gantas, GRIGALIONIS		01	Panevėžio SG		4:39.68			
	50m:	28.95 28.95	150m:	1:39.97 36.59	250m:	2:55.45 39.24	350m:	4:08.15 31.24	
	100m:	1:03.38 34.43	200m:	2:16.21 36.24	300m:	3:36.91 41.46	400m:	4:39.68 31.53	
5.	Roman, POKALO		01	Šiaulių Delfinas		4:40.19			
	50m:	28.30 28.30	150m:	1:41.37 38.14	250m:	2:57.92 39.69	350m:	4:09.65 31.70	
	100m:	1:03.23 34.93	200m:	2:18.23 36.86	300m:	3:37.95 40.03	400m:	4:40.19 30.54	
6.	Džiugas, KARKLELIS		03	Ignalinos plaukimo klubas		4:42.65			
	50m:	31.25 31.25	150m:	1:43.88 36.06	250m:	2:57.92 39.42	350m:	4:11.27 32.45	
	100m:	1:07.82 36.57	200m:	2:18.50 34.62	300m:	3:38.82 40.90	400m:	4:42.65 31.38	
Final B									
7.	Jokūbas, TIJONONIS		03	Vilniaus MSC		4:48.65			
	50m:	31.50 31.50	150m:	1:44.47 35.06	250m:	3:00.91 42.28	350m:	4:16.55 33.04	
	100m:	1:09.41 37.91	200m:	2:18.63 34.16	300m:	3:43.51 42.60	400m:	4:48.65 32.10	
8.	Julius, STASIUKYNAS		03	Vilniaus MSC		4:54.17			
	50m:	29.66 29.66	150m:	1:44.63 38.46	250m:	3:04.81 42.24	350m:	4:21.74 34.10	
	100m:	1:06.17 36.51	200m:	2:22.57 37.94	300m:	3:47.64 42.83	400m:	4:54.17 32.43	
9.	Rejus, TETERIUKOVAS		02	Kauno PM		4:55.40			
	50m:	32.06 32.06	150m:	1:48.08 38.09	250m:	3:07.22 42.64	350m:	4:23.58 33.77	
	100m:	1:09.99 37.93	200m:	2:24.58 36.50	300m:	3:49.81 42.59	400m:	4:55.40 31.82	
10.	Nedas, GIEDRAITIS		04	Utenos DSC		5:03.38			
	50m:	29.34 29.34	150m:	1:46.12 39.69	250m:	3:09.84 43.09	350m:	4:29.74 35.74	
	100m:	1:06.43 37.09	200m:	2:26.75 40.63	300m:	3:54.00 44.16	400m:	5:03.38 33.64	
11.	Pijus, KLIMAS		01	Kauno PM		5:03.70			
	50m:	32.27 32.27	150m:	1:51.63 39.42	250m:	3:12.32 40.73	350m:	4:29.36 35.49	
	100m:	1:12.21 39.94	200m:	2:31.59 39.96	300m:	3:53.87 41.55	400m:	5:03.70 34.34	
12.	Karolis, KAIRAITIS		01	Marijampolės SM		5:04.57			
	50m:	31.06 31.06	150m:	1:48.56 38.82	250m:	3:09.36 42.55	350m:	4:30.71 37.66	
	100m:	1:09.74 38.68	200m:	2:26.81 38.25	300m:	3:53.05 43.69	400m:	5:04.57 33.86	