

LITHUANIAN OPEN SWIMMING CHAMPIONSHIPS 2016

Regulations

I PLACE AND TIME

1. The championships will be held in Kaunas (LTU) from **26th to 28th of May, 2016**, in the 50 m swimming pool of UAB "Sporto infrastruktūra" (Kovo 11-osios st. 26, Kaunas).
2. Beginning of the competition:
 - 2.1. 26th of May (Thursday)

- heats	10:30
- finals	17:00
 - 2.2. 27th of May (Friday)

- heats	10:00
- finals	17:00
 - 2.3. 28th of May (Saturday)

- heats	10:00
- finals	16:00
3. Entry into the swimming pool opens 90 min before the beginning of the competition.

II PARTICIPANTS AND QUALIFY TIMES

4. The competition is open to the teams of the Lithuanian sports schools, facilities, and centres, swimming clubs or individual participants, also for the Lithuanians residing abroad.
5. The Lithuanian championships is open for the foreign teams and individuals.
6. The number of team members is not limited.
7. The organizations and their athletes who have not paid the fees for the previous competitions organized by the Lithuanian Swimming Federation are not allowed to participate.
8. The team entering more than 10 athletes is obligated to nominate a qualified judge.
9. Qualify times:

Women	Event	Men
31,07	50 m FREE	26,23
1.08,15	100 m FREE	57,38
2.30,04	200 m FREE	2.08,69
5.37,00	400 m FREE	4.56,46
11.33,20	800 m FREE	-
-	1500 m FREE	20.30,00
38,00	50 m BACK	31,65
1.22,00	100 m BACK	1.08,54
2.55,00	200 m BACK	2.32,62
41,88	50 m BREAST	34,86
1.29,29	100 m BREAST	1.17,14
3.16,73	200 m BREAST	2.56,21
35,25	50 m FLY	27,77
1.19,00	100 m FLY	1.03,72
2.52,50	200 m FLY	2.37,50
2.50,91	200 m MEDLEY	2.26,06
6.21,00	400 m MEDLEY	5.27,67

III COMPETITION PROGRAMME

10. Programme:

26 th of May			27 th of May			28 th of May		
I part (start – 10:30)			I part (start – 10:00)			I part (start – 10:00)		
1	400 m FREE	W Q	14	400 m FREE	M Q	27	200 m FREE	W Q
2	200 m FREE	M Q	15	100 m FREE	W Q	28	100 m FREE	M Q
3	50 m BREAST	W Q	16	50 m BREAST	M Q	29	200 m BREAST	W Q
4	50 m BACK	M Q	17	100 m BREAST	W Q	30	100 m BREAST	M Q
5	100 m BACK	W Q	18	100 m BACK	M Q	31	50 m BACK	W Q
6	200 m BREAST	M Q	19	200 m BACK	W Q	32	200 m BACK	M Q
7	200 m FLY	W Q	20	50 m FREE	M Q	33	100 m FLY	W. Q
8	100 m FLY	M Q	21	50 m FLY	W Q	34	50 m FLY	M Q
9	50 m FREE	W Q	22	200 m FLY	M Q	35	200 m MEDLEY	W. Q
10	400 m MEDLEY	M SLO	23	200 m MEDLEY	M Q	36	4x200 m FREE	M F
11	400 m MEDLEY	W SLO	24	800 m FREE	W SLO	37	4x200 m FREE	W F
						38	1500 m FREE	M SLO
I part (start – 17:00)			II part (start – 17:00)			II part (start – 16:00)		
9	50 m FREE	W SF	20	50 m FREE	M SF	34	50 m FLY	M SF
4	50 m BACK	M SF	21	50 m FLY	W SF	31	50 m BACK	W SF
3	50 m BREAST	W SF	16	50 m BREAST	M SF	38	1500 m FREE	M FAST
6	200 m BREAST	M F-B,A	24	800 m FREE	W FAST	35	200 m MEDLEY	W F-B,A
7	200 m FLY	W F-B,A	14	400 m FREE	M F-A	30	100 m BREAST	M F-B,A
8	100 m FLY	M F-B,A	15	100 m FREE	W F-B,A	27	200 m FREE	W F-B,A
1	400 m FREE	W F-A	18	100 m BACK	M F-B,A	28	100 m FREE	M F-B,A
2	200 m FREE	M F-B,A	19	200 m BACK	W F-B,A	29	200 m BREAST	W F-B,A
5	100 m BACK	W F-B,A	23	200 m MEDLEY	M. F-B,A	32	200 m BACK	M F-B,A
10	400 m MEDLEY	M FAST	17	100 m BREAST	W F-B,A	33	100 m FLY	W F-B,A
11	400 m MEDLEY	W FAST	22	200 m FLY	M F-B,A	34	50 m FLY	M F
9	50 m FREE	W F	20	50 m FREE	M F	31	50 m BACK	W F
4	50 m BACK	M. F	21	50 m FLY	W F	39	4x100 m MEDLEY	Mix F
3	50 m BREAST	W F	16	50 m BREAST	M F			
				4x100 m				
12	4x100 m FREE	M F	25	MEDLEY	W F			
				4x100 m				
13	4x100 m FREE	W F	26	MEDLEY	M F			

IV ENTRIES

- Technical entries must be submitted until 17:00 on 18th of May, 2016.
- Last corrections can be made (deletion or submission into the same place) until 14:00 on 25th of May, 2016. No changes will be accepted after the deadline.
- Entries must hold doctors' visas allowing participation in competition. Team leaders are responsible for the valid allowances.
- Non-Lithuanian athletes can take part in the competitions. Every submitted result has to be approved at www.swimrankings.net.
- Every participating organization can register more than one team in the relays.
- The entry form has to show the number of relay teams.
- Named relay entries must be submitted not later than 60 minutes before the relay event starts.
- The results submitted in the entry form must be achieved within the period of 1st of March 2015 and 18th of May 2016.
- Results must be achieved in the competitions of not lower level than sports school or club competitions.
- The results must be confirmed with the competition protocols. The latter has to be submitted to the federation (via electronic means) until 18th of May, 2016.
- Entries must be submitted via "Entry Editor".
- Entries must indicate achieved result (if there is no result, please indicate NT), the length of the swimming pool, date of achievement, city (not the name of the competition).
- The completed application forms (entries) must be sent to the Lithuanian Swimming Federation. The document file of the attached application must be named as the team name (i.

e., Kauno PM, Vilniaus VCM).

24. All entries must be sent **only** by e-mail: lpf.paraiskos@gmail.com
25. Entries will not be accepted after the deadline.
26. Entries are considered to be accepted after a confirmation (reply) is received.
27. The swimmers, whose achieved results mismatch with the results from the technical entry, will start with the mark “no result”.

V COMPETITION PROCEDURE

28. The competition is held with heats, semi-finals and finals.
29. In 50 m distances, the heats, semi-finals and finals are held. The event with 16 participants or less to be held in the evening session in the form of semi-final. The event with 8 participants or less to be held in the evening session in the form of a final.
30. In 50 m distances, the final is open to 2 strongest participants from every semi-final and 4 participants with the best results.
31. In 100 m and 200 m distances, the heats and final B and A are held. If the event has less than 24 participants registered, only the final A will be held. The event with 8 participants or less to be held in the evening session as a final A.
32. In 400 FREE the heats and final A will be held.
33. The slowest heats for the 400 m MEDLEY, 800 m and 1500 m FREE will be held in the morning session and fastest heats will be held in the evening session.
34. The relays will be held as finals.
35. Every athlete has to register at the event judge before the heat of their event. Athletes who do not register are not allowed to participate in the event.
36. For the finals, 2 additional athletes will be announced; they have to proceed to the call room.
37. The refusal form must be submitted to the secretary desk no later than 30 min after the results announcement.
38. In the final A no more than 2 athletes from the same foreign country are allowed to participate.
39. If the event has final A and final B, only the Lithuanian athletes are allowed to participate in the final B.

VI ORGANIZATION, AWARDS AND WINNERS DETERMINATION

40. FINA rules are applied.
41. Competition results will be recorded with OMEGA ARES21 timing system.
42. The swimming outfit must meet the FINA requirements.
43. The winners are awarded with federation diplomas and medals.
44. The winners of the individual events are awarded with 30 € money prize, II place winner receives 15 € money prize and III place winner – 10 € (applied to all participants).
45. Only the Lithuanian citizens can be announced as the Lithuanian champions and second and third place winners.
46. The winning non-Lithuanian athletes will be awarded with extra prizes.
47. The athlete who does not participate in the podium ceremony loses the right to the award.
48. The organizers may present extra prizes; the information will be published before the championships.

VII PROTESTS

49. Protests are allowed only against violations of Competition rules and regulations as well as in the situations where the Competition or participants are endangered.
50. All protests must be submitted in writing with a deposit of 50 Euro.
51. The appeal commission will process protests according to the FINA rules.
52. In case of granted protest, deposit will be returned.

VIII FINANCIAL TERMS

53. Participation fee – 10 €/person.
54. The fine for missing the start (in the heats and finals) – 3 €, relay – 10 €.
55. The fine for not achieving the qualifying standard is – 3 €.
56. All expenses must be covered by the sending organization.
57. The Lithuanian Swimming Federation covers the travel, accommodation and meals for the main judges.
58. The meals for the judges nominated by the teams will be covered by the Lithuanian Swimming Federation. Their travel and accommodation expenses must be covered by the sending organization.

X. FINAL STATEMENTS

59. Lithuanian open summer swimming championships is a public event, where videos and photos might be taken.
60. The filmed and photographed material may be published in the media and online.
61. The team leaders are responsible for:
 - 60.1. following the deadlines;
 - 60.2. the participants' safety during the arrival/departure and the competition;
 - 60.3. proper behaviour of their athletes during the competition and the free time.
62. By submitting application form participants agree to the Terms and Conditions of the Event.

X CONTACTS

62. Email – lpf.paraikos@gmail.com
 63. Internet site – www.ltuswimming.com
 64. Phones:
 - 64.1. Lithuanian Swimming Federation – 370 5 233 9288;
 - 64.2. General Secretary Emilis Vaitkaitis – 370 657 58542;
 - 64.3. Competition director Gintautas Bartkus – 370 612 58044.
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