

Atviras Lietuvos plaukimo čempionatas
Kaunas, 9- - 11-7-2015

Event 10
2015-07-09 - 17:50

Men, 400m Komplexinis plaukimas

Open
Results

LR	4:19.65	Vytautas JANUŠAITIS	KPM	Canet (FRA)	2009-06-10
L R	4:27.96	Povilas STRAZDAS	LTU	Kaunas	2013-06-27

Laiko normatyvas : 5:41.43

Points: FINA 2014

Rank			YB					Time	Pts			
1.	Lukas	RUTKAUSKAS	96	Kauno Centro SM				4:53.01	576			
	50m:	28.65	28.65	150m:	1:41.93	38.41	250m:	3:00.70	40.75	350m:	4:18.87	35.13
	100m:	1:03.52	34.87	200m:	2:19.95	38.02	300m:	3:43.74	43.04	400m:	4:53.01	34.14
2.	Ruslans	GOLUBS	99	Rezekne				4:55.79	560			
	50m:	29.10	29.10	150m:	1:44.35	40.47	250m:	3:06.05	42.74	350m:	4:23.88	34.08
	100m:	1:03.88	34.78	200m:	2:23.31	38.96	300m:	3:49.80	43.75	400m:	4:55.79	31.91
3.	Vytenis	VAIŠVILAS	97	Vilniaus MSC				4:57.69	549			
	50m:	30.86	30.86	150m:	1:46.13	38.90	250m:	3:08.91	44.56	350m:	4:26.85	33.29
	100m:	1:07.23	36.37	200m:	2:24.35	38.22	300m:	3:53.56	44.65	400m:	4:57.69	30.84
4.	Martynas	KASPERAVI IUS	94	Šiauli Delfinas-VJSUC				4:58.24	546			
	50m:	30.77	30.77	150m:	1:46.81	40.62	250m:	3:07.29	41.61	350m:	4:24.55	34.93
	100m:	1:06.19	35.42	200m:	2:25.68	38.87	300m:	3:49.62	42.33	400m:	4:58.24	33.69
5.	Matas	ENYS	99	Vilniaus MSC				5:03.08	520			
	50m:	31.22	31.22	150m:	1:47.84	40.56	250m:	3:09.72	43.19	350m:	4:29.68	36.26
	100m:	1:07.28	36.06	200m:	2:26.53	38.69	300m:	3:53.42	43.70	400m:	5:03.08	33.40
6.	Rokas	DREVINSKAS	00	Kauno PM				5:11.41	480			
	50m:	32.00	32.00	150m:	1:50.83	41.24	250m:	3:16.06	44.69	350m:	4:37.02	35.15
	100m:	1:09.59	37.59	200m:	2:31.37	40.54	300m:	4:01.87	45.81	400m:	5:11.41	34.39
7.	Matas	MAKSIMAITIS	01	Rebel aquatics				5:13.65	469			
	50m:	31.70	31.70	150m:	1:47.45	39.39	250m:	3:14.00	47.18	350m:	4:37.96	35.27
	100m:	1:08.06	36.36	200m:	2:26.82	39.37	300m:	4:02.69	48.69	400m:	5:13.65	35.69
8.	Laurynas	ORLA	00	Panev žio Žemyna 1				5:17.74	451			
	50m:	33.46	33.46	150m:	1:55.24	40.94	250m:	3:19.91	43.46	350m:	4:42.00	38.11
	100m:	1:14.30	40.84	200m:	2:36.45	41.21	300m:	4:03.89	43.98	400m:	5:17.74	35.74
9.	Paulius	LAŠAS	99	Šiauli Delfinas-VJSUC				5:18.61	448			
	50m:	33.28	33.28	150m:	1:56.08	43.30	250m:	3:21.70	42.58	350m:	4:42.78	37.85
	100m:	1:12.78	39.50	200m:	2:39.12	43.04	300m:	4:04.93	43.23	400m:	5:18.61	35.83
10.	Mantas	ZUPKAUSKAS	01	Vilniaus MSC				5:20.11	441			
	50m:	34.65	34.65	150m:	1:56.54	40.96	250m:	3:21.93	45.84	350m:	4:45.75	37.88
	100m:	1:15.58	40.93	200m:	2:36.09	39.55	300m:	4:07.87	45.94	400m:	5:20.11	34.36
11.	Nikita	JANO KIN	99	Vilniaus MSC				5:22.40	432			
	50m:	33.57	33.57	150m:	1:55.27	41.85	250m:	3:22.33	45.84	350m:	4:47.06	38.79
	100m:	1:13.42	39.85	200m:	2:36.49	41.22	300m:	4:08.27	45.94	400m:	5:22.40	35.34
12.	Aurimas	PALILI NAS	99	Kauno Centro SM				5:23.55	428			
	50m:	31.59	31.59	150m:	1:51.17	41.90	250m:	3:19.05	46.53	350m:	4:45.45	38.47
	100m:	1:09.27	37.68	200m:	2:32.52	41.35	300m:	4:06.98	47.93	400m:	5:23.55	38.10
13.	Gedvydas	MASIULIS	00	Kauno Centro SM				5:26.56	416			
	50m:	32.26	32.26	150m:	1:56.27	43.93	250m:	3:26.96	49.20	350m:	4:52.81	35.76
	100m:	1:12.34	40.08	200m:	2:37.76	41.49	300m:	4:17.05	50.09	400m:	5:26.56	33.75
14.	Nikita	LUŽKOV	00	Vilniaus MSC				5:27.61	412			
	50m:	33.72	33.72	150m:	1:55.07	40.22	250m:	3:23.74	48.25	350m:	4:50.71	38.52
	100m:	1:14.85	41.13	200m:	2:35.49	40.42	300m:	4:12.19	48.45	400m:	5:27.61	36.90
15.	Domas	MOCKUS	00	Kauno Centro SM				5:50.38	337 *			
	50m:	32.01	32.01	150m:	1:56.15	45.54	250m:	3:30.00	50.59	350m:	5:06.77	44.63
	100m:	1:10.61	38.60	200m:	2:39.41	43.26	300m:	4:22.14	52.14	400m:	5:50.38	43.61